

## Introduction and History for those age 6-18

Date: \_\_\_\_\_

Name:	Date of birth (Month/Day/Year):
Home Address and Phone Number:	E-Mail:
Family Medical Doctor:	Referred by (please include person's name): <input type="checkbox"/> Friend/Family <input type="checkbox"/> M.D. / D.C. <input type="checkbox"/> Internet/Add
Have you had Chiropractic care before? If so, when and by whom?	Hobbies and Sports you enjoy:
Parent's Names:	Please circle sex: Male Female

### Why this form is important:

Our office focuses on your ability to be healthy. Our goals are to **first** address the issues that brought you to this office, and **second**, offer the **opportunity to improve your health potential in the future**. In order to give you the best possible Chiropractic care, we will need to discover any '**stresses**' that are placed on your body. Please take the time to fill out this form completely, as each question gives us a clearer picture of your current health status.

### Reason for consulting this office

**Wellness / Prevention Care** - *I wish to continue my Chiropractic Wellness Care.* Just answer the following questions that apply.

Please describe your current problem, including the effect it has had on your life:

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Please describe the character of your pain (check all that apply)

- Sharp/Stabbing     Sharp/Dull     Achy     Dull     Soreness     Weakness  
 Throbbing/Gnawing     Numbness     Shooting     Gripping/Constricting  
 Burning     Tingling     Other: \_\_\_\_\_

**PLEASE TURN OVER →**

Your name: \_\_\_\_\_

How often are the complaints present?

- Constant (76-100%)  Frequent (51-75%)  Occasional (26-50%)  Intermittent (25% or less)

When is the pain or symptoms worse:

- When you wake up  During the day  After work  In the evening  After eating  
 While sleeping

How bad is your pain or ache? Please circle a number (0= no pain, 10 = unbearable pain)

0 1 2 3 4 5 6 7 8 9 10

Since your problem began is the pain :  increasing  decreasing  not changing

When did your problem begin: \_\_\_\_\_ (specific date if possible)

**Please draw on the diagram where you feel your symptoms: →**

Do you sleep on your:

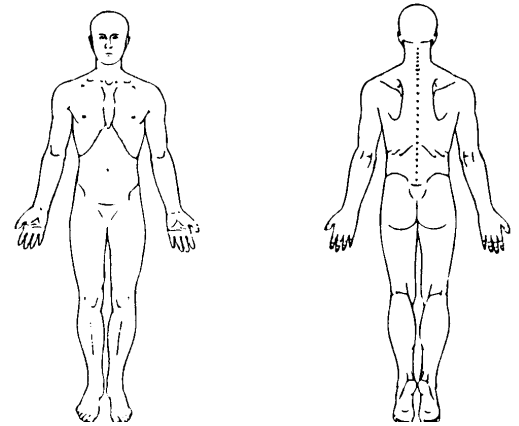
- Back  Stomach  Left Side  Right Side

General physical activity:

- No regular exercise program  
 Light exercise program  Moderate exercise program  
 Strenuous exercise program

How would you rate your stress level:

- No Stress  Minimal Stress  
 Moderate Stress  Greatly Stressed



Who else have you seen for this condition: \_\_\_\_\_

Please describe any falls, auto accidents or major injuries (include Month/Year, Type of accident):  
\_\_\_\_\_

Please describe any and all past surgery: \_\_\_\_\_

Please list ANY and ALL medication (prescription and over the counter): that you are currently taking: \_\_\_\_\_

**Please Circle Any That Apply: PERSONAL HISTORY:** Aneurysm, Osteoporosis, Diabetes, Thyroid Disease, Arthritis, Cancer, Stroke, Heart Condition, Hypertension, Asthma, Psoriasis. Other: \_\_\_\_\_

**Please Circle Any That Apply: FAMILY:** Aneurysm, Osteoporosis, Diabetes, Thyroid Disease, Arthritis, Cancer, Stroke, Heart Condition, Hypertension, Polio, Asthma, Psoriasis. Other: \_\_\_\_\_

